

# JLD Equine Summer Camp

From 9 A.M. To 3 P.M. we will teach you the many different aspects of horses and riding. First, and most importantly you will learn about safety around horses. We will demonstrate how to keep yourself safe, and how to keep the horses safe. Horses are sometimes unpredictable. Therefore, we are very strict about everyone following the safety rules. We want everyone to have a safe, fun experience!

We will show you how to take care of a horse and then how to ride. You will assist the counselors with morning feeding, grooming, and tacking up your horse. Next activity of the day will be riding. All lessons will be taught by an experienced JLD Equine instructor. We will split riding lessons into groups depending upon the rider's skill level and experience.

You will learn many fun horse facts, all about breeds, colors, conformation, the many jobs horses can have, and the history and development of today's horse. You will also learn about general horse care and first aid for a horse's injuries. On a hot day, you may learn how to bathe a horse. On another day, you may be going on a scavenger hunt looking for things that have to do with horses.

There will be various demonstrations by equestrian professionals, such as farrier work, jumping, dressage, lunging, western roping, bareback, and training a young horse (not all demonstrations will be done each camp session). These demonstrations will depend on scheduling and may vary each week.

What you need:

It is very important that you wear the proper clothing when working around horses. Therefore, we ask that you read these instructions carefully.

1. Please wear long pants such as jeans and hard soled shoes with a small heel (about a ½ inch heel) Sneakers are unacceptable for riding, so anyone who forgets boots will not be able to ride that day. However sneakers may be brought to be worn during non riding activities. Open toed shoes are not acceptable at any time. Shorts may also be brought to be worn during non riding activities.
2. Riding helmets must be worn during all riding activities. Helmets will be provided if you do not own your own. Bike helmets are not the same as riding helmets, and do not have as many safety features. Therefore bike helmets cannot be used in place of riding helmets.
3. Please bring a lunch to eat, and lots of fluids. It will be a long day with lots of fun physical activity. There is a fridge available to keep lunches and drinks cool.

Please visit [www.JLDEquine.com](http://www.JLDEquine.com) to download a registration form. The registration form will have information for dates, cost and registration.

\*\* Note to Parents: If you wish to confirm your spot please call (585)200-9934 or email [JLDEquine@gmail.com](mailto:JLDEquine@gmail.com).